



Sarkies Lunch Buffet @ Eastern & Oriental Hotel, Lebuh Farquhar, Georgetown, Penang

July 29, 2022



By : Chha

When ever i hear people talk about staying or eating at Eastern & Oriental Hotel, the reaction that i also see the other person give is 'WOW'. This makes me feel like, Eastern & Oriental Hotel is the most wanted to go place by many people may it be for a stay, dinner function or buffet. Eastern & Oriental Hotel is famously known simply as E&O by many Penangites. It classic looking building is simply amazing, imagine staying in one of their expensive room, that would be even more amazing !



The lunch buffet where held at Sarkies inside E&O. I went E&O for buffet lunch during a weekday and the place was fully booked with a lot of people around enjoying the food. The environment here at Sarkies is nice and the



The amount of food available here is just average. There are few types of meat, like chicken, beef and fish from their main buffet counter. There are also some prawns and some vegetables. There are probably around 6 to 7 types of different dish to choose from their main counter which include rice for those rice lover to try on.

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)





Apart from the mains section, there are other section where the food is prepared on the spot by E&O chef and later serve it on the buffet table. Food like Grilled Saba Fish, Grilled Lamb, Grilled Chicken, Grilled Beef, Grilled Salmon and more can be found here. I personally prefer the food prepared here at this station as the food serve is still piping hot.

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Jay Chha
<https://www.facebook.com/jaychhablog>

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Grilled Saba Fish

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Grilled Lamb

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Grilled Chicken

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Grilled Beef

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Grilled Salmon

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)





To make things even more interesting, E&O also have their very own seafood and japanese food section where they serve Prawn, Mussels, Raw Salmon and few different types of Sushi.



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)





It is interesting to see that E&O take the effort to prepare some vegetarian food but there is only two types of vegetarian dish here. It would be great if there is more vegetarian food for vegetarian lover to try here during the buffet at E&O.

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)





My personal favorite food here is their Fried Koey Teow from their action station where you can see the Chef in action cooking the Fried Koey Teow per order in front of you. The Fried Koey Teow is tasty with juicy prawn. The heat from the wok is hot enough to make the Fried Koey Teow nice to eat.

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



As usual, a buffet will not be complete without the sweet tasty dessert. Here at E&O they have variety of cakes to choose from and also some ice cream for those with sweet tooth to get their craving fixed.

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



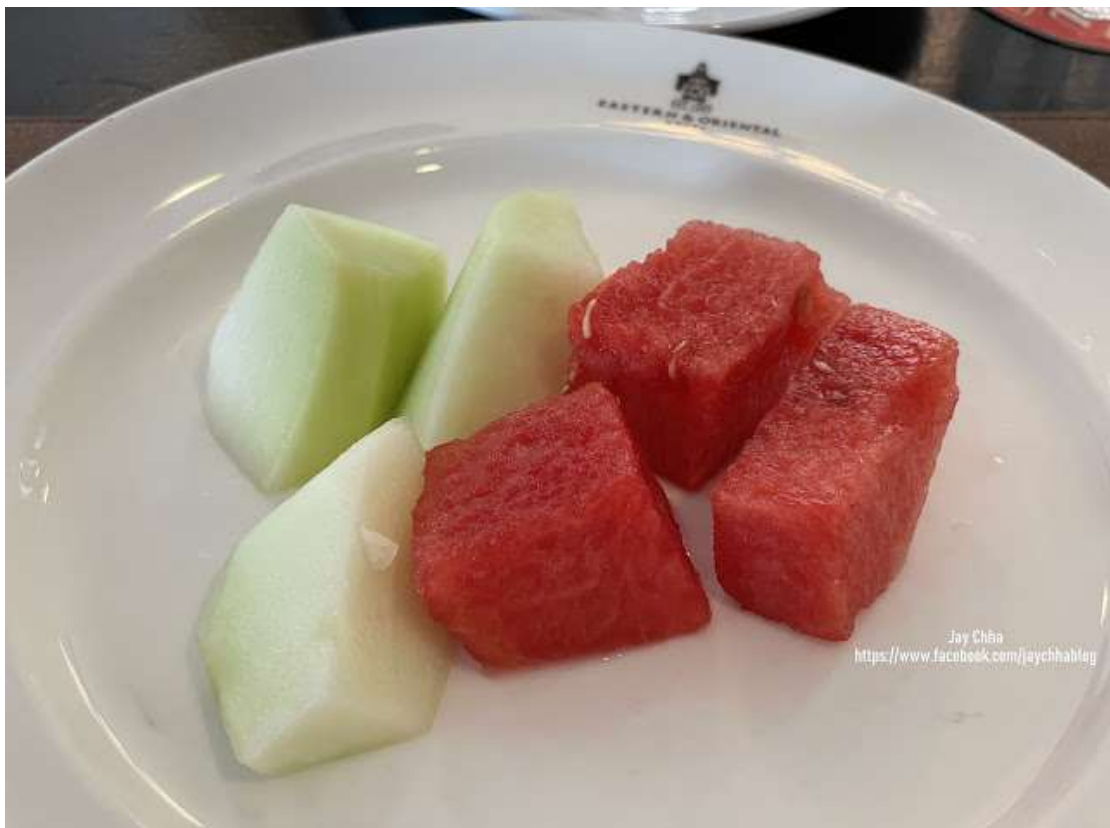
Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)





Wash all the food into the satisfying tummy with some fruits and drinks. This is the first time i actually see hotel buffet serving Rambutan, which is interesting to see.



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)





Dining here is really nice, the environment is good and the food is tasty too. If you walk out from Sarkies, you can actually see the beautiful sea view just behind E&O hotel.



Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](https://www.facebook.com/jaychhablog) | Follow : [Instagram / jaychha](https://www.instagram.com/jaychha)







Rating :

Food : 8/10

Environment : 9/10

Service : 8/10

Hygiene : 8/10

Price : 6/10

Operating Hour :

Weekday Buffet Lunch

Monday - Friday

12.00 pm - 2.30 pm

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](#) | Follow : [Instagram / jaychha](#)

Address :

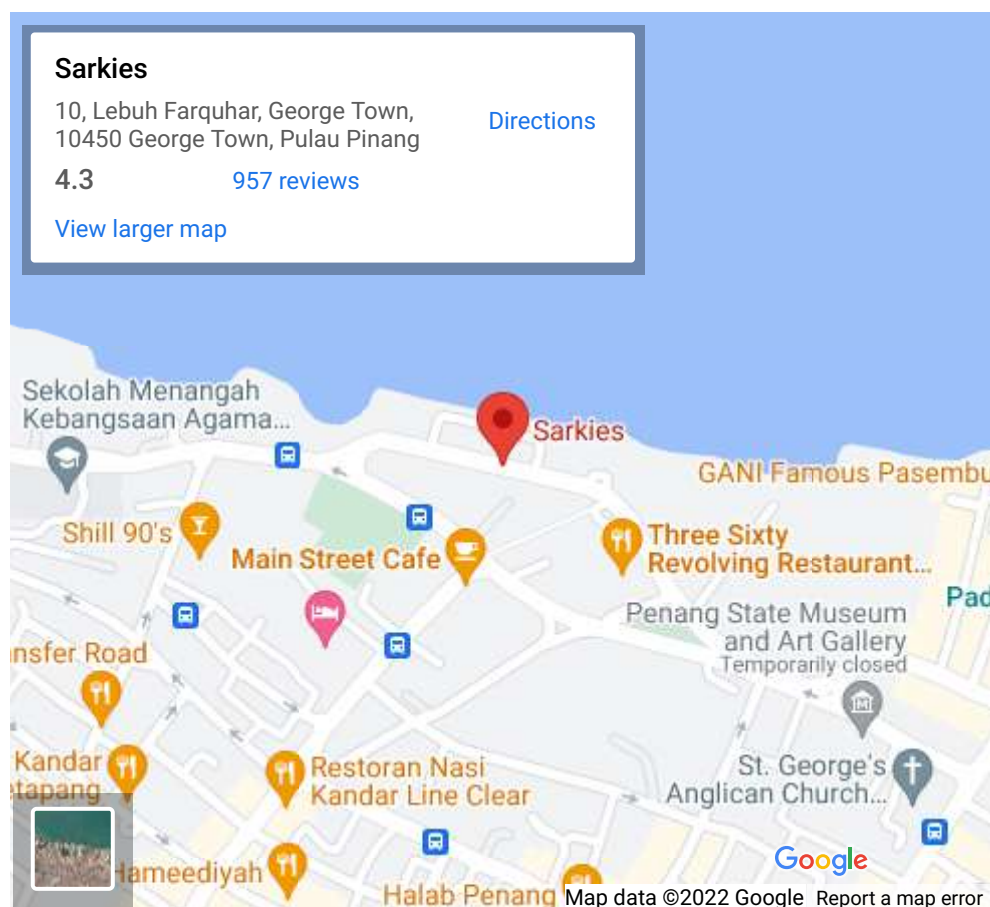
10, Lebuh Farquhar,
10450 George Town,
Pulau Pinang

GPS Coordinate :

5.423366, 100.334826

Map :

<https://goo.gl/maps/iwRg7vZ5WK4NNm4B7>



Posted Date : 29 July 2022

Posted Time : 4.34 pm

Jay Chha Penang Food Blog

Email : imjaychha@gmail.com | Like : [Facebook / jaychhablog](#) | Follow : [Instagram / jaychha](#)



Enter Comment

Jay Travel



Jay Sports



[Travel Foodie](#)
[Travel](#)
[Sports](#)
[Contact Me](#)



River Front Family Wellness Centre @ Sungai Petani, Kedah

By : Chha The currently blooming Riverfront at Sungai Petani is full with shops, cafe, restaurant and now there is a Wellness Centre available. Riverfront Family Wellness Centre is a professional Wellness Centre that provide service like Foot Massage, Back Massage, Body Mas ...



Senandung Rasa by the Sea @ The Tamarra by Irama Dining, Georgetown, Penang

By : Chha Irama Dining is a very famous restaurant in Penang with delicious food and nice environment. What if Irama Dining opens another restaurant serving good quality food as usual but with different variety and taste ? This is what Irama Dining did exactly by openin ...



Gemas Road Roti Canai | Sabar Menanti @ Gemas Road, Taman Kampar, Georgetown, Penang

By : Chha When I see the wording on their menu saying 'Sabar Menanti' I was thinking, is that the name of the place or they are just telling us to 'Wait Patiently' ? haha ! Well, their service is fast, so I don't have to wait



Bonjour @ Karpal Singh Drive, Jelutong, Penang

By : Chha It was just 2 years ago when the world went quiet and everyone is staying home worrying about the pandemic, complaining about how it affect life. 2 years later today, no body cares anymore and people are out and about again as if the virus never existed. I was at around ...



Chao Xuan Restaurant | 潮軒 @ Lebu Melayu, Georgetown, Penang

By : Chha Chao Xuan Restaurant | 潮軒 which is located somewhere alone Lebu Melayu is a classic looking restaurant that bring you back to the olden days feel. Chao Xuan Restaurant 's menu is packed with traditional Teo Chew delights and snacks.



England House | The Coffee Cottage @ Taman Belatuk, Nibong Tebal, Penang

By : Chha The Coffee Cottage or better known as England House by the locals there was once a private land and building used for wedding photography or private wedding ceremony open only by special



Syarikat @ Medan Lim Cheng Teik, Georgetown, Penang

By : Chha So here is something to know about Syarikat Cafe. This little shop here used to be an abandoned office and is now turned into a little cafe serving food like cakes, western, rice and some small bites.



KimJang Pot | 김장냄비 @ Elit Avenue, Bayan Baru, Penang

By : Chha Korean food lover, here is another korean food place for you to try. KimJang Pot 김장냄비 is located at Elit Avenue, Bayan Baru, Penang. KimJang Pot is said to be serving Authentic Korean Pot food. Ordering the food is self service here, the environment here ...



Hiking Huo Guo Shan | 328 Rainbow Stairways @ Bukit Mertajam, Penang

By : Chha Probably the name Huo Guo Shan Hill is not widely know by many but if i were to tell you that there is this Hill in Bukit Mertajam which is currently trending and famous among instagramers due to its 328 steps of Rainbow Stairways, then probably you will kno ...



Wu Jia Chinese Restaurant | 吾家大酒楼 @ Bangunnan Lip Sin, Pekaka Square, Taman Pekaka, Penang

By : Chha If you are looking for a place for a family dinner, then Wu Jia Chinese Restaurant | 吾家大酒楼 which is located in Pekaka Square at Taman Pekaka, Penang is an ideal place to do so. Wu Jia Chinese Restaurant is a special Chinese Restaurant with many seati ...

 **Powered by Blogger**