

By JEREMY TAN
north@thestar.com.my

Surprises for tastebuds

Eclectic menu inspired by Penang's diverse communities

TASTE the multicultural vibrancy of Penang in the delicious offerings of Eastern and Oriental (E&O) Hotel's elegant Palm Court.

Its broad all-day a la carte menu brings together an eclectic selection of Indian, Malay, Chinese and international flavours.

Appetisers include sizzling Jumbo Chicken Satay with condiments and peanut sauce, served on a mini charcoal grill.

Juicy mouthfuls are assured with the Grilled Scallop and Prawns with baby salad leaves while refreshment comes in the form of Butternut Squash Soup and Chilled Green Pea Mint Soup.

These set the stage for mains like the Wagyu Beef Burger which is a juicy homemade patty, pan-seared foie gras, melted gruyere and more between sesame brioche buns.

The Pan-Seared Marinated Lamb Rack is equally hearty with accompanying couscous salad. Flaky and moist Herb Crusted Oven Baked Sea Bass Fillet is also a treat with Mediterranean-style braised vegetables.

Prefer something more quintessentially Penang? Go for the Nasi Lemak Pandan which has fried chicken, braised beef, king prawn sambal and other condiments with coconut rice.

The Beef Ribs Rendang is another must-try. The slow-cooked meat in coconut cream with lemongrass and kaffir lime leaf is both tender and flavourful.

Otherwise, go for the juicy Chicken Tikka Masala which is slow-braised in spiced curry sauce. It comes with rice and condiments. Nicely charred Tandoori Chicken, Lamb and Tiger Prawns



(Clockwise from top left) Jumbo Chicken Satay, Butternut Squash Soup, Grilled Scallop and Prawns and Chilled Green Pea Mint Soup are among the recommended appetisers served at Eastern and Oriental Hotel's Palm Court. The restaurant also serves classic English Afternoon Tea.

and Chicken Seekh Kebab should also appeal to many. Have them with naan bread.

For desserts, try Ketayap Mangga

which is a crepe rolled with grated coconut, mango slices, mango puree and palm sugar. New York Cheese Cake is also delicious.

Palm Court also serves classic three-tiered English Afternoon Tea from 3pm to 5pm on Friday, Saturday and Sunday.

A la carte dining is available from noon to 11pm daily. The dress code is smart casual. For reservations, call E&O Hotel at 04-2222000.