

瘋狂食客
FOOD INSANE

Food Review . Travel . Lifestyle . Product Review

Home Food 美食日记 Lifestyle/Products Review 生活点滴 产品试用 Vietnam's Trip 越南吃喝玩乐 Thailand's Trip 泰国吃喝玩乐 Cruise

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在上来邮轮之前，我以为邮轮假期只适合老年人 在上来邮轮之后，原来邮轮假期很适合一家大小 这次邮轮的路线是 Penang > Klang > Phuket > Penang 而对巴生上邮轮的朋友则是 Klang >...



味坊包子 Wei Fang
Bao Zi @ Jalan
Mount Erskine,
Pulau Pinang

味坊包子位于白云山巴刹的对面 也就是靠近之前 Corgi and The Gangs 宠物咖啡厅那一排，他们家主要是售卖小笼包，水煎包和一些中国菜色。我们也是慕名而来的，因为听说这里的价格便宜而且味道也好吃！我们点了上海生煎包，小笼汤包，重庆小面和...



Korean BBQ Buffet:
K.O.B.Q Precinct 10
@ Jalan Tanjung
Tokong

昨天我去了 K.O.B.Q Precinct 10 吃韩式烧烤咯！最近看到很多人 Google 了很多年前我们写过的槟城韩式烧烤 listing, 我觉得最近可以更新一下这一块。

SUNDAY, JUNE 14, 2020

Eat All You Can Unlimited A La Carte Buffet at Sarkies @ Eastern & Oriental Hotel, Penang



来咯！今天我们要为大家看看 E&O Hotel 的 A la Carte Buffet!

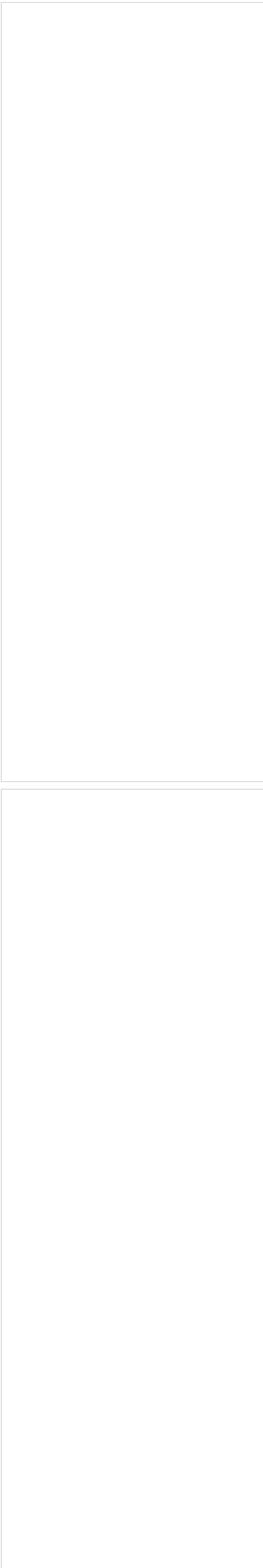
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EDITOR'S IG



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让我们来看看他们家的菜单吧！简单来说，你可以品尝到的食物与Sarkies之前的自助餐相差不大。食物的种类依然繁多，口味也没有退步，依然很不错哦！在菜单里，你依然可以看到各式海鲜，冷盘，寿司的踪影。我们也放上菜单给你们参考参考哦！



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这里的价钱实在不可思议, 价格虽然还没有包税, 不过我们觉得...



重庆老火锅 Chong Qing Lao Huo Guo @ Kelawai Road, Georgetown.

說到吃火鍋 檳城人一定都知道這家位於 Kelawai Road 的重庆老火锅 店裡裝潢是滿滿的古老中國風情味。一走進去就看見很有時代感的中式大木門還有櫃子。裡頭還有很棒的造景呢! 有人造小河在木...



Dragon Noodle 龍鬚麵 (龙须面) @ All Seasons Place Penang

麻辣面, 麻辣香锅, 麻婆豆腐, 这里通通都有! 这里有没有喜欢吃中国口味的朋友呢? 我就是其中一个咯! All Seasons Place 里有新的中餐选择, 就是8月25日正式开张的 Dragon Noodle 龍鬚麵 啦! 他们家的主打是已经拥有300多年历...

FOOD INSANE'S IG
#IAMFOODINSANE



这完全适合懒得动的你! 因为这次的 **Buffet** 是以任点任叫的方式呈现。你只需要坐在舒适的位置, 动动你的手指头以及嘴巴, 就可以把你的食物呼唤到你的座位哦!

在进入Sarkies之前, 工作人员会为食客们测量体温以及记录资料, 是以政府规定的SOP为准, 品尝美食之余也不忘照顾自己的安全。菜单将会预先放置在每个座位而且也会不定时消毒哦!



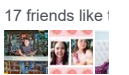
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EVENT / REVIEW



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Foo on Se

来咯! 今天到 Hotel 的 A la Buffet 是以任点任叫的方式呈现。你只需要坐在舒适的位置, 动动你的手指头以及嘴巴, 就可以把你的食物呼唤到你的座位哦! 在进入Sarkies之前, 工作人员会为食客们测量体温以及记录资料, 是以政府规定的SOP为准, 品尝美食之余也不忘照顾自己的安全。

BLOG ARCHIVE

- ▼ 20 (29)
 - ▼ Jun (2)
 - Eat All You Can Unlimited A La Carte Buffet at Sarkies
 - White Smoke Campfire
 - May (5)
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你觉得不可以错过他们家的烤肉类哦！烤肉类是我们的最爱，不管是羊肉，牛肉，鸭肉以及鸡肉叉烧也是不错的呢！而且他们的摆盘绝对比我平时的摆盘好的太多啦！



我特别喜欢他们家的甜点呈现的方式，他们把有各式小甜点摆得美美的，看了赏心悦目，吃了心情愉快。

Sarkies @ Eastern & Oriental Hotel
Eat All You Can Unlimited A La Carte Buffet

SARKIES

**EAT-ALL-YOU-CAN
UNLIMITED À LA CARTE**

Lunch Saturday & Sunday | 12:00 pm – 2:30 pm
RM99 nett (Adult) RM50 nett (senior citizen/child)

Dinner Friday & Saturday | 6:30 pm – 10:00 pm
RM139 nett (Adult) RM70 nett (senior citizen/child)



Sarkies is back and we return in style with a new dining concept where you only pay one price and enjoy unlimited servings from our a la carte menu. Fans of our popular buffet need not fret as all the signature favourites are also available on the menu, including Salmon Fish Head Curry, Roast Duck, Char Kway Teow, Beef Rendang, Assam Laksa and Ice Kacang as well as a wide selection of other dishes. Just relax, sit back and order or re-order any dish that you fancy and we'll serve it to your table.

For reservations, please contact F&B at 016 419 8363

EASTERN & ORIENTAL HOTEL
10 Lebuh Farquhar, 10200 Penang, Malaysia +604 222 2000 (GL) laury@eohotels.com www.eohotels.com

Lunch Buffet

供应天: 星期六 & 日

供应时间: 12.00pm - 2.30pm

成人价格: RM 99 nett

乐龄人士/儿童价格: RM 50 nett

Dinner Buffet

供应天: 星期五 & 六

供应时间: 6.30pm - 10.00pm

成人价格: RM 139 nett

乐龄人士/儿童价格: RM70 nett





加 RM 99 nett 你就可以任喝限定酒饮哦！

给你看看 Menu

SARKIES

LUNCH MENU 99 Nett / Person

*Add 99 Nett / Person to enjoy free-flow of selected Beer, Wines & House Pouring Spirits

APPETISERS

Chilled Green Tea Soba Noodles with Poached Chicken,
Green Beans, Nuts, Seeds and Tahini Ponzu Dressing
Classic Caesar Salad with Roasted Chicken
Thai Glass Noodle Salad with Poached Seafood
Assorted Tomato Salad with Feta Cheese (V)
Roasted Chat Potatoes with Glazed Pear, Roquefort Cheese and Walnut Salad (V)
Mixed Bean Salad with Mint Dressing (V)

Sarkies Garden Salad (V)

Mixed Leaves, Carrot, Cucumber, Cherry Tomato, Corn Kernel, Capsicum,
Beetroot, Croutons, Roasted Pine Nut, Marinated Olives, Feta Cheese
Lemon Vinaigrette, Shallot Vinaigrette & Thousand Island

Cheese Platter

Vegetables Crudities, Black Olive Tapenade, Mini Baguette, Bread Stick and Crackers

Assorted Bread Basket/ Malaysian Bites

Soup

Cream Of Mushroom, Tom Yam Vegetable Soup, Sup Kambing

Cheese Platter

Vegetables Crudities, Black Olive Tapenade, Mini Baguette, Bread Stick and Crackers

Crustacean Seafood on Ice

Prawns, Green Mussels, Black Mussels
Lemon Wedges, Cocktail Sauce, Tabasco, Kikkoman, Wasabi Mayonnaise

Sushi and Sashimi

Sushi Rolls, California Rolls, Salmon & Tuna Sashimi
Accompanied with Chukawakame, Pickled Ginger, Wasabi & Soy Sauce

LOCAL FAVOURITES

E&O Signature

All Time Favourite Salmon Fish Head Curry

Mix & Match Tiffins

Steamed Jasmine Rice, Yang Chow Fried Rice, Pilaf Rice with Dried Fruits & Nuts
Kerabu Fish Fillet, Ayam Kapitan, Beef Rendang
Lamb Masala, Braised Vegetables with Mushrooms, Vegetables Dhal Curry

CHINESE CORNER
BBQ Roast & Chicken Rice Corner
Roasted Chicken, Steamed Chicken, Chicken Char Siew with Fragrant Rice Soy Sauce, Homemade Chili Sauce, Ginger Relish
Double Boiled Herbal Soup
Chinese Nourishing Chicken Soup
Hot Wok
Penang Char Kuey Teow, Kees Mamak, Bee Hoon Goreng Stir Fried Vegetables, Farmers selection with choice of sauce Oyster Sauce, Garlic Sauce, Soy Sauce, Sambal, XO Sauce, Garlic Butter
Noodle Soup
Assam Laksa
Rice Noodles, Cucumber, Pineapple, Cmint Leaves, Ginger Blossom, Onion, Prawn Paste
Hokkien Prawn Mee Soup
Yellow Noodles, Bee Hoon, Hard Boil Eggs, Prawns, Beansprout, Kang Kong, Homemade Sambal, Fried Shallots
Fish Ball Noodle Soup
Yellow Noodles/Bee Hoon/Kuey Teow, Fish Ball, Fish Cake Vegetables, Red Cut Chili, Spring Onion, Garlic Oil, Fried Shallot
MAINS
Carvery
E&O Famous Roast Duck, Marinated Roast Beef Striploin, Oven Roast Whole Chicken with Herbs Mashed Potato/ Mixed Vegetables
From the Grill
Salmon Fillet, Saba Fish, Fish in Banana Leaf, Sausages, Chicken Fillet, Lamb Slice, Chicken Satay Black Pepper Sauce, BBQ Sauce, Onion Sauce, Cream Sauce, Chili Sauce, Tomato Ketchup, Mustard & Mint Sauce
Pastas
Spaghetti, Penne, Linguini, Fusilli Carbonara, Chicken Bolognese, Beef Bolognese, Pesto, Aglio Olio, Tomato Sauce
DESSERTS
Burnt Cheese Cake
Tiramisu
Red Velvet
Walnut Tart
Lemon Meringue Tart
Fresh Fruit Platter
Ice Cream with Condiments
Ice Kacang /Cendol
Accompanied with choice of condiments
Attap seed, Cendol, Cincau, Sweet corn, Nutmeg, Peanut, Jelly, Red bean, Sago, Selasih, Lychee, Longan, Nata de Coco, Rose Syrup, Palm Sugar, Coconut Milk, Evaporated Milk

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SARKIES
DINNER MENU
139 Nett / Person
*Add 99 Nett / Person to enjoy free-flow of selected Beer, Wines & House Pouring Spirits
APPETISERS
Chilled Green Tea Soba Noodles with Poached Chicken, Green Beans, Nuts, Seeds and Tahini Ponzu Dressing Classic Caesar Salad with Roasted Chicken Thai Glass Noodles Salad with Poached Seafood's Assorted Tomatoes Salad with Feta Cheese (V) Roasted Chat Potatoes with Glazed Pear, Roquefort Cheese and Walnut Salad (V) Mixed Beans Salad with Mint Dressing (V)
Sarkies Garden Salad (V)
Mixed Leaves, Carrot, Cucumber, Cherry Tomato, Corn Kernel, Capsicum, Beetroot, Croutons, Roasted Pine Nut, Marinated Olives, Feta Cheese Lemon Vinaigrette, Shallot Vinaigrette & 1000 island
Cheese Platter
Vegetables Crudities, Black Olive Tapenade, Mini Baguette, Bread Stick and Crackers
Assorted Bread Basket/ Malaysian Bites
Soup
Cream Of Mushroom, Tom Yam Vegetable Soup, Sup Kambing
Cheese Platter
Vegetables Crudities, Black Olive Tapenade, Mini Baguette, Bread Stick and Crackers
Crustacean Seafood on Ice
Oysters, Spanner Crab, Crayfish, Scallops, Prawns, Green Mussels, Black Mussels Lemon Wedges, Cocktail Sauce, Tabasco, Kikkoman, Wasabi Mayonnaise
Sushi and Sashimi
Sushi Rolls, Sushi Nigiri, California Rolls, Salmon & Tuna Sashimi Accompanied with Chikwakame, Pickled Ginger, Wasabi & Soy Sauce
LOCAL FAVOURITES
E&O Signature
All Time Favourite Salmon Fish Head Curry
Mix & Match Tiffins
Steamed Jasmine Rice, Yang Chow Fried Rice, Pilaf Rice with Dried Fruits & Nuts Kerabu Fish Fillet, Ayam Kapitan, Beef Rendang, Lamb Masala Braised Vegetables with Mushrooms, Vegetables Dhall Curry
CHINESE CORNER

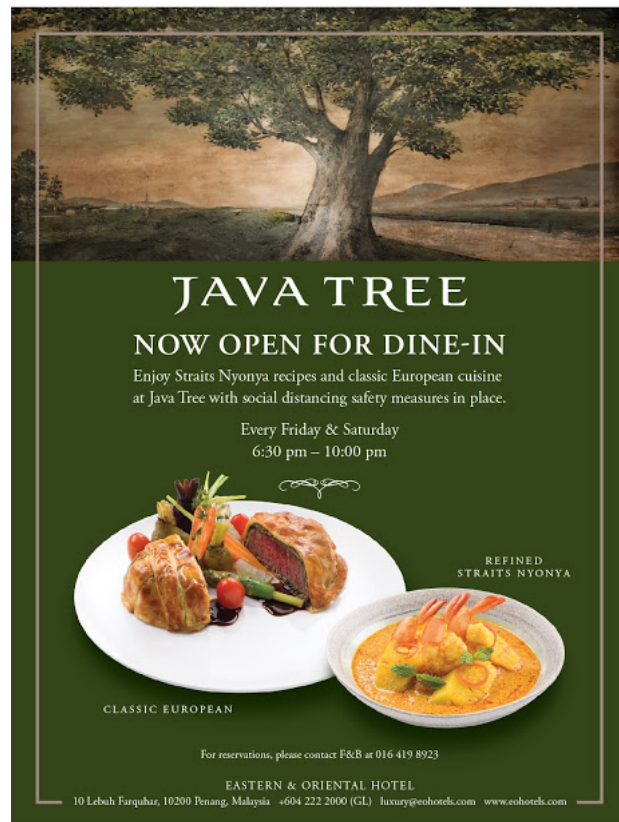
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BBQ Roast & Chicken Rice Corner Roasted Chicken, Steamed Chicken, Chicken Char Siew with Fragrant Rice Soy Sauce, Homemade Chili Sauce, Ginger Relish Double Boiled Herbal Soup Chinese Nourishing Chicken Soup Hot Wok Penang Char Kuey Teow, Mee Mamak, Bee Hoon Goreng Stir Fried Vegetables, Farmers selection with choice of sauce Oyster Sauce, Garlic Sauce, Soy Sauce, Sambal, XO Sauce, Garlic Butter Noodle Soup Assam Laksa Rice Noodles, Cucumber, Pineapple, Cmint Leaves, Ginger Blossom, Onion, Prawn Paste Hokkien Prawn Mee Soup Yellow Noodles, Bee Hoon, Hard Boil Eggs, Prawns, Beansprout, Kang Kong, Homemade Sambal, Fried Shallots Fish Ball Noodle Soup Yellow Noodles/Bee Hoon/Kuey Teow, Fish Ball, Fish Cake Vegetables, Red Cut Chili, Spring Onion, Garlic Oil, Fried Shallot
MAINS Carvery E&O Famous Roast Duck, Marinated Roast Beef Striploin Oven Roast Whole Chicken with Herbs, Roast Rosemary Lamb Mashed Potato/ Mixed Vegetables From the Grill Salmon Fillet, Saba Fish, Fish in Banana Leaf, Sausages, Chicken Fillet, Lamb Slice, Chicken Satay Black Pepper Sauce, BBQ Sauce, Onion Sauce, Cream Sauce, Chili Sauce, Tomato Ketchup, Mustard & Mint Sauce Pastas Spaghetti, Penne, Linguini, Fusilli Carbonara, Chicken Bolognese, Beef Bolognese, Pesto, Aglio Olio, Tomato Sauce
DESSERTS Burnt Cheese Cake Tiramisu Red Velvet Walnut Tart Lemon Meringue Tart Fresh Fruit Platter Ice Cream with Condiments Ice Kacang /Cendol Accompanied with choice of condiments Attap seed, Cendol, Cincau, Sweet corn, Nutmeg, Peanut, jelly, Red bean, Sago, Selasih, Lychee, Longan, Nata de Coco, Rose Syrup, Palm Sugar, Coconut Milk, Evaporated Milk

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看看其他优惠



JAVA TREE

NOW OPEN FOR DINE-IN

Enjoy Straits Nyonya recipes and classic European cuisine at Java Tree with social distancing safety measures in place.

Every Friday & Saturday
6:30 pm – 10:00 pm



CLASSIC EUROPEAN



REFINED STRAITS NYONYA

For reservations, please contact F&B at 016 419 8923

EASTERN & ORIENTAL HOTEL
10 Lebuh Farquhar, 10200 Penang, Malaysia +604 222 2000 (GL) luxury@eohotels.com www.eohotels.com

PALM COURT

AVAILABLE FOR TAKEAWAY & DELIVERY

Time 12 noon to 10pm daily (Last order 9pm)
Venue Palm Court, Ground Floor, Heritage Wing

Discount Deals:

- 10% discount for 10 sets per order
- 20% discount for 20 sets per order
- 30% discount for 30 sets per order

No delivery charge for a minimum of 6 orders from the menu.
Delivery service is for George Town, Seri Tanjung Pinang, Pulau Tikus and Gurney Drive areas only.







APPETISERS		INDIAN		ASIAN	
16 Palm Court Salad (V)	RM26	17 Fillet Mignon Steak Pinetik	RM55	18 Chicken Tandoori	RM25
Our potatoes, peas, Roquefort cheese, arugula, walnuts, balsamic tomatoes, walnuts, balsamic vinaigrette		Australian prime tenderloin beef, caramelized onion, lettuce, tomato, melted cheese, salad		Spiced with mint yogurt, naan and condiments	
19 Chicken and Mushroom Pie	RM30	20 C&O Club Sandwich	RM32	21 Chicken Tikka Masala	RM28
Chicken and mushrooms in a creamy sauce, puff pastry		Triple delectable of grilled chicken, streaky beef, fried egg, lettuce, tomato with avocado mayo dressing and served with salad		Flour-battered chicken in creamy spiced curry sauce, white rice and condiments	
SOUPS & SANDWICHES		22 Beef Burger	RM45	23 Vegetables Korma (V)	RM28
24 Butternut Squash Soup (V)	RM20	Homemade Australian beef patty grilled to perfection, topped with smoky beef, aged cheddar, lettuce, caramelized onion, tomato, gherkins, sesame bruschetta bun and served with salad		Mixed vegetable curry, white rice, condiments	
Creole frittata, roasted pumpkin seeds		25 Plain Naan		26 Nasi Goreng	RM10
25 Soup Elor Lembu	RM25	26 Garlic Butter Naan	RM10	Spiced rice, prawns, anchovy egg, chicken dumplings, fish crackers, paella	
Traditional Malaysian-style ox-tail soup, local spices, vegetables		27 Herb Butter Naan	RM10	28 Beef Rendang	RM38
				Slow-cooked beef in coconut cream, lemongrass, kaffir lime leaf, jasmine pandan rice	
				29 Eco Duck Rice	RM15
				Fragrant rice, chili sauce, acar	

(V) Vegetarian
All set prices are inclusive of 10% service charge and 6% s.s.e.

EASTERN & ORIENTAL
HOTELS

EASTERN & ORIENTAL HOTEL | 10 Lebuh Farquhar, 10200 Penang, Malaysia +604 222 2000 (GL) luxury@eohotels.com www.eohotels.com

For the health and safety of our guests and staff, while Eco Hotel always puts in our first priority, we have suspended operations temporarily in order to fully respect and adhere to the Government's Movement Control Order. In gratitude to the Ministry of Health, medical front-line and essential service providers, EOH commits to doing our part to contain Covid-19.


 EST. 1883
 EASTERN & ORIENTAL
 HOTEL

SPECIAL OFFER FOR PENANGITES & THOSE WORKING/RESIDING IN PENANG

Valid till 30 June 2020
RM388 nett per suite per night

Inclusions: One night stay in a Superior / Georgetown / Deluxe Suite

- Continental breakfast at Palm Court for 2 persons • Complimentary hi-speed Wi-Fi • In-suite minibar with selected non-alcoholic beverages
- Personal in-suite coffee machine • Seasonal fruits

*Rate includes 10% service charge, 0% service tax.
 Local Government Fee not included in rate, payable by guest directly to the hotel upon check out.*



10 Lebuh Farquhar, 10200 Penang, Malaysia +604 222 2000 (GL) +604 261 6333 (F) luxury@eohotels.com www.eohotels.com



STAY SAFE PROMOTION

Exclusive offer for Malaysian Citizens and Residents only

10 June to 31 August 2020
RM460++ per suite per night

Inclusions: One night stay in a selected suite • Continental breakfast at Palm Court for 2 persons • Complimentary hi-speed Wi-Fi • In-suite minibar with selected non-alcoholic beverages • Personal in-suite coffee machine • Seasonal fruits

*Rate excludes 10% service charge, 0% service tax.
 Local Government Fee not included in rate, payable by guest directly to the hotel.*

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 EST. 1913
 EASTERN & ORIENTAL
 HOTEL

STAYCATION AT THE E&O

Valid from 20 May until 31 August 2020

Need a break but unable to travel abroad?
Take a step back in time and be enchanted by the grand elegance
of the British colonial era at the Eastern & Oriental Hotel.

E&O Indulgence Stay
RM520++ per suite per night
Includes breakfast and dinner
for 2 persons

E&O Luxury Stay
RM720++ per suite per night
Includes breakfast and dinner
for 2 persons

*Terms & conditions apply.
Applicable to Malaysian Citizens or Permanent Residents only.*



10 Lebuh Farquhar, 10200 Penang, Malaysia +604 222 2000 (GL) +604 261 6333 (F) luxury@eohotels.com www.eohotels.com

SARKIES



FRESHLY BAKED BREADS FOR TAKEAWAY

Available on Monday, Wednesday, Friday & Sunday
Collection time Monday, Wednesday & Friday: 4pm to 7pm | Sunday: 8am to 10am
Venue Victory Annexe entrance
Please order 24 hours in advance

① Lye Rolls	RM 10 nett
② Laugen Bretzel	RM 10 nett
③ Sourdough Bread	RM 16 nett
④ Walnut Bread	RM 16 nett
⑤ Baguette	RM 5 nett
⑥ Croissant	RM 2 nett
⑦ Chocolate Danish	RM 3 nett

To order, call or WhatsApp **016 419 8003**

EASTERN & ORIENTAL HOTEL
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 For the health and safety of our guests and staff, which E&O Hotel always puts as our first priority, we have suspended operations temporarily in order to fully respect and adhere to the Government's Movement Control Order. In gratitude to the Ministry of Health, medical front liners and essential service providers, E&O commits to doing our part to contain Covid-19.

Sarkies

Eastern & Oriental Hotel

 10, Lebuh Farquhar, George Town,
 10200 George Town, Pulau Pinang
 04 2222000

<https://www.eohotels.com/>
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[penang food](#), [penang hotel](#), [travel blogger](#)

Location: 10, Lebuh Farquhar, George Town, 10200 George Town, Pulau Pinang, Malaysia