

## Satisfying feast awaits at Sarkies

### EAT & DRINK

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By Jeremy Tan



Juicy prawns and crayfish are among the bountiful Seafood on ice selection.

THE Wine and Dine Buffet Dinner of Eastern and Oriental (E&O) Hotel continues to draw Penang crowds with its sumptuous selections.

With bountiful seafood, international dishes, live-cooking items, irresistible desserts and more, it promises to satiate even the biggest of eaters.

The spread, served at Sarkies nightly from 6.30pm to 10pm, is priced at RM139 for adults, and RM70 for children and senior citizens.

Many make the Seafood on Ice section their first stop, as poached crayfish, prawns, green mussels, spanner crabs and scallops are the treasures to be plundered.

Equally fast moving are tuna and salmon sashimi, oysters with salsa, and nigiri sushi. Cold cuts, salads, cheeses and soups are among the other starters.

Hot dishes may feature Chicken Tagine, Beef Roll with Onion Gravy, Steamed Fish in Superior Soya, Lamb Stew, Braised Mixed Bean Mussels, Ayam Panggang Peringgi, Daging Dendeng, Kambing Masak Arab or Udang Kering Bersantan.

Stop by the live-cooking counters such as the Fried Noodle station to have chefs fry up local favourites like Char Koay Teow and Seafood Hor Fun. Otherwise, get a piping hot bowl of Prawn Mee from the Soup Noodle station.

Follow your ears and noses to the sizzle of the Grill station which offers salmon steaks, stingray, saba fillets, prawns, lamb chops, chicken breasts, minute steaks, sausages and satay.

At the Asian BBQ and Carvery station, succulent helpings of E&O's signature Roasted Duck, Char Siew Lamb, Pepper Coated Australian Sirloin, Roasted Lamb Leg and Rock Salt Crusted Whole Salmon can be had.

Once done, indulge on desserts such as Ais Kacang, Bubur Kacang Hijau, Apple Mango Crumble, Vanilla Creme Brulee, Lemon Chiffon Pie and Praline Cream Puffs. Otherwise, dip skewered treats into the Chocolate Fountain.

Menu lineups change daily, with variations in cooking styles. Diners can also top up RM99 to enjoy free flow of wines, beers and house pouring spirits.

Sarkies, located in the Victory Annexe, also serves Executive Buffet Lunch from Monday to Friday at RM86 for adults, and RM43 for kids and seniors.

For Saturday and Sunday, there is the Weekend Buffet Lunch at RM92 for adults, and RM46 for kids and seniors. Both lunch spreads are served from noon to 2.30pm.

The outlet also has a Gourmet Cake counter offering tempting creations whole or by the slice, alongside pralines and cookies.

For enquiries or reservations, call 04-222 2000 ext 3151/3139 or email to fbcentral.resv@eohotels.com.

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