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Monday, November 21, 2016

Sarkies Penang

Sarkies has been raved as the 'best buffet in Penang'. Sitting at the new Victory Annexe of the very established Eastern & Oriental Penang, the international buffet spread serves an extensive variety of local delicacies such as Penang's renowned fried kway teow that's fried a la minute, to a selection of fresh seafood including freshly shucked oysters.

Tweets by @Nichology

**Nicholas Zayden Tan**

@Nichology

Counting down one month to +44.



4h

**Nicholas Zayden Tan**

@Nichology

Sipped 4 cups of coffee. I will be productive with work tonight.



10h

**Nicholas Zayden Tan**

@Nichology

Shouldn't this link be working out

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The ambience of Sarkies doesn't boast anything pretentious despite being located at a 5-star establishment. One can expect comfortable chairs and even a seafront view with their al-fresco dining area - perfect for a gathering a group of friends to enjoy a great food, yet being able to enjoy the casual dining environment.

Sarkies Bakes



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To start, there's a good selection of salads at the salad bar that offers a good variety. However, if you don't like your greens (like me), you can dive right into the seafood section that serves fresh seafood on ice including poached prawns, mussels and oysters.

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- The Fat Cat
- The Find
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- The Marmalade Pantry
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- The Royal Mail
- The Royal Mail Bar
- Tim Ho Wan
- Tiong Bahru Bakery



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- Viet Cafe
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Sarkies Penang

Kota Penang

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From the international selection, there's a choice of sushi and sashimi from the Japanese section, as well as a live grilling station that has a chef flipping up grilled lamb shoulder, salmon and tandoori sausages. They also have cooked food dishes to fill you while you wait for the other stuff to be served, just in case the wait time gets too long, which thankfully wasn't the case.



Of course, Penang isn't complete without a taste of their local food. Besides the local fare such as char kway tiow and laksa, the roasted duck that has a counter on its own also deserves two thumbs up. Think crispy skin and flavourful tender meat accompanied by an in-house made signature sauce - if you are picky like me, you can even request for the specific part of the duck you fancy and they are sure to entertain the request.



If you like your cakes and dessert, there's aplenty at Sarkies that will leave you spoilt for choice. For something more local and to combat the weather, there's a station that serves shaved ice topped with syrups, coconut milk and other toppings like jelly and sweet corn, also known as Ice Kacang.

The buffet at Sarkies shouts nothing less than wow. It's understandable why people rave about it as one of the best buffets in Penang, given the quality and quantity of food items they offer. They run quite full through dinner so reservations are highly recommended. Be prepared to go on empty if you want to try at least half of everything!

Sarkies
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This was an invited media tasting.

Posted by Nicholas Zayden Tan



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