

## CAN'T MAKE IT FOR SUNDAY ROAST AT FARQUHAR BAR, EASTERN & ORIENTAL HOTEL PENANG? HOW ABOUT FRIDAY ROAST OR SATURDAY ROAST THEN?

The Sunday Roast is in its essence traditionally enjoyed on Sunday brunch in real style if you have a hankering for a hearty meaty meal, but what if you can't make it on Sundays? Eastern & Oriental Hotel Penang innovates with the Friday and Saturday Roast, as Zac Teo explores...



The quintessential Sunday Roast. Photograph: Zac Teo/Penang365.com

Sunday Roast are always a pleasure to indulge during Sunday brunch; however with constraints of time and schedule, there are times when we are unable to accommodate a Sunday schedule. Eastern and Oriental Hotel Penang has cleverly innovated with the creation of the Weekend Roast. This lovely and relatively reasonable buffet is now readily available on Friday and Saturday lunch! I've already covered the definition and explanation of the dishes that encompass the Sunday Roast in my [previous post](#), thus I would not be delving into the traditions this time around.



The view from the bar counter of Farquhar Bar. Photograph: Zac Teo/Penang365.com

Going right straight into the good stuff! The main stars of the buffet spread is definitely roasted meats - with the traditional roast beef coming in lean and particularly pink. On the other hand, roasted chicken thighs and breast meats drip with flavor as it draws aroma from the stuffings. Lastly, there is also the roasted lamb prepared well crisp crackling. At the side, treat your meats with a dollop of horseradish, mint sauce and the ever important brown gravy.



The roasted meat selection at the Weekend Roast. Photograph: Zac Teo/Penang365.com

On top of all those quality and superbly-flavored meat are always sides to complete the culinary delight, and this is no different. Number one on the side for any Sunday Roast must definitely be the puffy great Yorkshire puddings, with its solid body and crunchy coating. Farquhar Bar also offers some mean potatoes, with it being roasted crispy crisp on the outside while staying fluffy on the inside. Lastly, top it off with some greens - either go with mixed vegetables, green peas or fresh garden salad.



Sides of roasted potatoes and vegetables. Photograph: Zac Teo/Penang365.com



Fresh garden salad and vegetables for the Weekend Roast buffet spread. Photograph: Zac Teo/Penang365.com

What's good food without drinks? In conjunction with the Christmas holiday season which is looming round the corner, the Farquhar Bar is conjuring up some holiday delights in the form of cocktails! For that brandy pick-me-up, do sample the Santa's Sleigh (below left) or if you're going for something more zesty, try out the mocktail Tropic Xmas.



The newly launched cocktails in conjunction for Christmas. Photograph: Zac Teo/Penang365.com

Penang365.com would like to record its appreciation to the management of Eastern & Oriental Hotel Penang for the invitation to review the Weekend Roast buffet lunch at Farquhar Bar.

*The Weekend Roast is available for Friday, Saturday and Sunday lunch at the Farquhar Bar, from 12:00pm to 4:00pm. It is priced at RM68nett per person. E&O Hotel is located on 10, Farquhar Street, 10200 Georgetown. Reservations or bookings can be made at 04-222 2000.*



### Zac Teo

Zac Teo is a Penang boy, being born and raised on this island. A music lover that always seeks new music to enjoy along with his daily dose of coffee; he loves traveling, exploring and also hunting for the latest food around the island. His penchant on writing about his beloved island led to him starting up Penang365.com in 2015.

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