PAÑPURI
ORGANIC SPA
PENANG

Treatment List

Eastern & Oriental Hotel

“At PAÑPURI ORGANIC SPA, everything you feel and touch is pure and gentle.”

PAÑPURI ORGANIC SPA welcomes you to experience unparalleled luxury in a warm and soothing environment, offering only the highest quality organic spa products. Exclusive and private, PAÑPURI offers a cocoon of wellness, comfort and serenity.

The range of PAÑPURI skincare and aromatherapeutic products are complemented by our inspired massage therapy treatments, offering a holistic experience of natural Thai and Oriental massage techniques, including Traditional Thai, Indian Ayurvedic, Indonesian Balinese, and Japanese Shiatsu Massages. Combined with a unique blend of pure, organic oils that knead into your skin, a PAÑPURI treatment is a tranquil journey for the mind, body and soul.

From the moment you enter PAÑPURI ORGANIC SPA, everything you feel and touch is pure and gentle – an extravagance engendering a feeling of holistic well-being as you surrender yourself to the caring and experienced hands of our expertly trained therapists. Our desire is to help you reach an enlivened feeling of total renewal and rejuvenation.

PAÑPURI Wellness Rituals

For true pampering that transcends the body and touches the soul, PAÑPURI ORGANIC SPA has carefully selected balanced treatment combinations to allow you to experience true rejuvenation. While a massage has become common, a truly exceptional bliss-evoking spa experience is still within the reach of an exclusive few. Our combinations thoughtfully draw on our exclusive organic infused oils and treatments to deliver a thorough and pampering experience.

PAÑPURI also gives our discerning clientele the flexibility to choose Thai and Oriental inspired therapy combinations in consultation with our expertly trained therapists to create a unique journey to ensure that you reach your desired destination.

For corporate and executive leaders, we also offer individually designed combinations to address the specific needs of today's business people. Awaken your senses and feel energized once again as you indulge yourself in our truly exclusive therapies designed to relieve stress and tension and to leave you rejuvenated and ready once again to take on the world.

Pulau Mutiara "Pearl Island"
Harmony Rejuvenation Retreat

240 MIN / RM 1700 nett

Experience a half-day retreat of complete rejuvenation for the body and soul with PAÑPURI Signature Spa Ritual. Immerse in bliss with a complete fusion of luxurious facial and body treatments, invoking harmony, serenity, and rejuvenation. Experience the essence of holistic indulgence, exclusively crafted for your well-being and radiance.

- 30 min Stream Room
- 30 min Body Polish
- 90 min Prana Stress-Relieving Signature Massage
- 90 min ArunaYouth™ Absolute Firm with Eye Lift Treatment

Cerita Dongeng "Fairy Tales"
Journey of Reminiscence
Couple's Ritual

165 MIN / RM 1300 nett

Celebrate a romantic couple's retreat beginning with an organic foot ritual followed by a delightful honeymoon bath. Let the skin be renewed with a body scrub and body wrap that boost circulation and refine complexion. With glowing and revitalized skin, conclude this indulgent journey with a rejuvenating massage and organic refreshments that nourish the mind, body and soul.

- 15 min Honeymoon Bath
- 30 min Body Polish
- 30 min Body Wrap
- 90 min Prana Stress-Relieving Signature Massage

Heavenly Touch of Mind and Body

150 MIN / RM 775 nett

Enjoy two and a half hours of top-to-toe invigoration created to balance the sense and bring inner peace. Luxuriate in our Signature Massage according to one's preference and needs. As you drift away into a restful reverie, reawaken the skin and restore a healthy radiance with a reinvigorating facial.

- 90 min Prana Stress-Relieving Signature Massage
- 60 min Lotus Defense™ Skin Radiance Facial

Pañpuri Signature Treatment

Personalized Body Treatment

150 MIN / RM 645 nett

Experience ultimate relaxation and wellness as you luxuriate in a personalized spa experience. With the assistance of our expertly trained therapist, you may customize treatments to meet your individual needs and bring balance to your mind, body and soul.

• 30 min Body Polish
• 30 min Body Wrap
• 90 min Choice of:
- Prana Stress-Relieving Signature Massage (medium-strong pressure)
- Mali Moonlight Soothing Massage (soft-medium pressure)
- Soontharee Absolute Well-Being Massage (medium-strong pressure)

Complete Renewal

120 MIN / RM 600 nett

Your treatment starts with a Body Polish that helps to draw out impurities and gently soften the skin. Feel calm and loosen up strained muscles with a soothing, rhythmic massage that blends ancient Eastern techniques of acupressure and traditional Thai massage with Western concepts of Swedish and therapeutic massage techniques to help reduce tension, promote circulation, and induce relaxation.

• 30 min Body Polish
• 90 min Prana Stress-Relieving Signature Massage

Pañpuri Signature Treatment

PAÑPURI Signature Facials

Indulge yourself in one of our luxurious, gentle facials using only the purest skincare range from PAÑPURI. Our revitalizing facial treatments are designed to purify, protect, and promote beautiful, radiant skin, and are tailored to your individual needs. Each unique treatment works to combat the ravages of time and the damaging effects of the environment, preserving your skin's youthful appearance. The result is a soft, smooth and firm complexion that is luminous from the inside out.

ArunaYouth™ Absolute Firm with Eye Lift Treatment **90 MIN / RM 555 nett**
For Mature Skin

For instant firmness, visible lifting and plumping results, this rejuvenating facial incorporates anti-wrinkle and muscle-strengthening techniques to firm, tone and boost the skin. Helping the skin regain its youthful contours by stimulating blood flow and collagen production, this treatment employs a unified combination of age delay techniques of lifting, Shiatsu and lymphatic drainage massages around the eyes. It also firms facial muscles, smoothens wrinkles and eliminates puffiness around the eyes. The skin will look well-moisturized with a radiant glow as your journey is completed.

Lotus Defense™ Skin Radiance Facial **75 MIN / RM 495 nett**
For Naturally Glowing Skin

After a deep exfoliation to slough away dead skin, your skin is hydrated using the PAÑPURI Lotus Defense™ skincare. Inspired by the delicate lotus flower, this facial combines Shiatsu techniques and gentle hand strokes that enhance circulation and lymphatic drainage. Dark circles will appear less visible as the skin appears more radiant and supple.

*All products used are dermatologically tested, non-irritant and suitable for all skin types, including sensitive, as certified by SpinControl Asia (France).

PAÑPURI WELLNESS Massages

A PAÑPURI WELLNESS Massage is a deeply relaxing ritual that leaves your body and spirit renewed and revitalized. Let your senses explore our selection of pure essential oils that will leave your skin smooth, soft and richly moisturized. Ancient healing and modern therapies work in synergy to restore your natural balance.

In consultation with our professionally trained therapists, discover the most suitable treatment to tailor the experience to your needs and preferences. We wish to make your journey memorable and to ensure that you reach your wellness destination feeling totally fulfilled.

Prana Stress-Relieving Signature Massage
Medium Pressure

60 MIN / RM 450 nett
90 MIN / RM 560 nett

A soothing, rhythmic massage that blends ancient Eastern techniques of acupressure and traditional Thai massage with Swedish and therapeutic massage techniques to help reduce tension, promote circulation, and induce relaxation. By combining long, flowing strokes with deep compressions and gentle stretching, the massage alleviates discomfort and eases away stress. The addition of aromatherapy enhances the overall effects of the treatment, giving you a truly blissful, one-of-a-kind experience.

Mali Moonlight Soothing Massage
Soft to Medium Pressure

60 MIN / RM 450 nett
90 MIN / RM 560 nett

This treatment combines traditional Thai massage, aromatherapy and acupressure therapy and Indian head massage techniques to ensure absolute relaxation. Surrender the body to the rhythmic movements of a full body massage, employing long kneading strokes and acupressure techniques. Then, drift away to the exquisite aroma of an exclusive PAÑPURI massage oil and allow the healing hands of the therapist to re-open your energy pathways, letting your mind, body and soul float towards tranquility.

Soontharee Absolute Well-Being Massage
Medium to Strong Pressure

60 MIN / RM 450 nett
90 MIN / RM 560 nett

Combat chronic muscle pain and tension brought by work-related stress with this targeted massage that focuses on the upper and lower back, neck, shoulders and chest, as well as the arms and wrists. Combining deep tissue massage using pressure from thumbs and elbows in slow yet deep strokes with sports stretching techniques, this deep muscle relief increases blood circulation and releases tension, leaving you feeling rejuvenated and re-energized.

Seven Chakras Harmonizing Hot Stone Massage
Medium Pressure

90 MIN / RM 610 Nett

Relieve deep-seated tension and muscle stress as volcanic hot stones are placed on one's chakras to rebalance vital energy points and induce overall body relaxation using a PAÑPURI certified organic oil. The treatment is concluded with the cranial Shiatsu point stimulation massage on the face to restore vitality.

Samruam LukPraKob Herbal Tranquility Massage **90 MIN / RM 599 nett**
Medium to Strong Pressure

Open the energy pathways and relieve tired muscles with this skillful combination of tension relieving techniques. Slip into oblivion while muscle stress melts away under a warm Herbal Body Compress. A full Thai aroma body massage employing long kneading strokes and acupressure, particularly on the legs, lower back, neck and shoulders, is made more detoxifying with our nourishing blend ofmassage oil.

Samadul Clarifying Indian Head Massage **60 MIN / RM 410 nett**
Soft to Medium Pressure

Relax and heal with our warm organic oils. Allow the subtle aroma to bring calm and clarity to your mind. This treatment improves circulation while inducing relief from headaches, migraines and mental fatigue.

Issara Leg & Foot De-stressing Massage **30 MIN / RM 350 nett**
Medium Pressure **60 MIN / RM 410 nett**

Reflexology is based on the belief that the body contains constantly flowing energy or "Chi" which unites with reflex points in the feet. Using our unique massage oil blends, a combination of thumb and finger massage techniques delivers an invigorating yet relaxing massage. You will feel your stress slipping away through the soles of your feet as increased blood circulation improves your vitality.

Klai Kangwon Head, Neck & Shoulder Massage **30 MIN / RM 350 nett**
Medium to Strong Pressure

The head, neck, shoulders and back are home to important energy centers in the body that may be blocked by stress, causing tension and stiffness. This traditional form of Thai massage applies pressure point massage techniques to relax and to revitalize your body, with your energy pathways reopened and your senses reawakened.

PAÑPURI Wellness Rituals

• 240 min - Pulau Mutiara "Pearl Island" Harmony Rejuvenation Retreat	RM 1700 nett
• 165 min - Cerita Dongeng "Fairy Tales" Journey of Reminiscence	RM 1300 nett
• 150 min - Heavenly Touch of Mind and Body	RM 775 nett
• 150 min - Personalized Body Treatment	RM 645 nett
• 120 min - Complete Renewal	RM 600 nett

PAÑPURI Signature Facials

• 90 min - ArunaYouth™ Absolute Firm with Eye Lift Treatment	RM 555 nett
• 75 min - Lotus Defense™ Skin Radiance Facial	RM 495 nett

PAÑPURI Wellness Massages

• 60 / 90 min - Prana Stress-Relieving Massage	RM 450 nett / RM 560 nett
• 60 / 90 min - Mali Moonlight Soothing Massage	RM 450 nett / RM 560 nett
• 60 / 90 min - Soontharee Absolute Well-Being Massage	RM 450 nett / RM 560 nett
• 90 min - Seven Chakras Harmonizing Hot Stone Massage	RM 610 nett
• 90 min - Samruam LukPraKob Herbal Tranquility Massage	RM 599 nett
• 60 min - Samadul Clarifying Indian Head Massage	RM 410 nett
• 30 / 60 min - Issara Leg & Foot De-stressing Massage	RM 350 nett / RM 410 nett
• 30 min - Klai Kangwon Head, Neck & Shouder Massage	RM 350 nett

REMARKS:

• All prices include 10% service charge and 6% government tax.

Pañpuri Signature Treatment

Spa Etiquette

- Please dress however you feel most comfortable. Bathrobes and slippers are provided in your private spa suite.
- Please arrive 15 minutes before your scheduled time to allow you to register, change and begin your spa experience at the appointed time.
- Our Spa Manager and Receptionists will be able to assist you in planning the best spa program to suit your needs.
- Please notify our Spa Manager or Receptionists before booking your treatments if you have high blood pressure, allergies, physical ailments, disabilities or if you are pregnant.
- You may wish to wear your own inner wear or we can provide you with hygienic disposable ones. Alternatively, treatment may be enjoyed without clothes. Choose what is most comfortable for you. Our therapists will always use proper draping techniques to respect your privacy.
- Please inform our therapist should you wish to adjust anything in your treatment room. This is your time and you should enjoy the experience to the fullest so we are happy to modify the room temperature, the massage pressure, or the volume of the ambient music to suit your desires. Please do not hesitate to ask our therapists to make alterations to suit your personal comfort levels.
- It is best to leave personal valuables at home. But if you happen to be wearing them when you get to the spa, a safe deposit box is provided in your locker room.
- Arriving late may limit the time of your treatments. Your treatments will end on time so as not to inconvenience the next guest. However, if no guest follows your booking, you can enjoy the full duration of your treatment time.
- The treatments you select are reserved especially for you. A 50% charge will be collected for treatments not cancelled four hours in advance.
- The spa environment is one of tranquility and relaxation. Please respect the peacefulness and privacy of other spa guests. Kindly defer from smoking and from using your mobile phones within the spa vicinity.

Thank you.

For reservations, please contact PAÑPURI ORGANIC SPA PENANG
Eastern & Oriental Hotel, Victory Annexe,
10 Lebuh Farquhar 10200 Penang Malaysia
T: +604 222 2000 Ext. 3233 (GL), +604 222 2034 (DL)
Email: panpuriorganicspa@eohotels.com; www.eohotels.com

Treatments are available from 11:00 a.m. - 7:00 p.m.

PANPURIORGANICSPA.COM