

**PAÑPURI**  
ORGANIC SPA  
PENANG

**Treatment Menu**



**Eastern & Oriental Hotel**

# **“At PAÑPURI ORGANIC SPA, everything you feel and touch is pure and gentle.”**

PAÑPURI ORGANIC SPA welcomes you to experience unparalleled luxury in the first luxury spa to use the highest quality, authentic organic spa products available, in a warm, sensuous and soothing environment. Exclusive, secluded and private, PAÑPURI offers a cocoon of luxurious comfort and relaxation.

The luxury of the PAÑPURI skincare and aromatherapy range is enhanced, and your experience enriched, by our inspired massage therapies, offering a delectable range of natural Thai and Oriental influenced massage techniques, including Traditional Thai Massage, Indian Ayurvedic Massage, Indonesian Balinese Massage, and Japanese Shiatsu Massage. These massages and other Eastern techniques, combined with our unique blend of pure, organic, infused oils, deliver a truly exotic and memorable experience.

From the moment you enter a PAÑPURI ORGANIC SPA, everything you feel and touch is pure and gentle, every extravagance engendering a feeling of well-being as you surrender yourself to the caring and experienced hands of our expertly trained therapists. Our desire is to help you reach an enlivened feeling of total renewal and rejuvenation.



## PAÑPURI Organic Massages

A PAÑPURI Organic Massage is a deeply relaxing ritual which leaves your body and spirit renewed and revitalized. Using our special pure organic blended oils, your skin will feel smooth, soft and richly moisturized. Select a treatment from one of our unique Thai and Oriental inspired massage therapies.

Let your senses explore our selection of the purest, exotic aromas of Jasmine, Lemongrass, Vetiver, Rose and Geranium. Ancient healing and modern therapies work in synergy to restore your natural balance.

In consultation with our knowledgeable therapists, discover the most suitable treatment to tailor the experience to your needs and preferences. We wish to make your journey memorable and to ensure that you reach your destination feeling totally fulfilled. Enjoy one of our special blends of organic teas while you peacefully reflect on your complete and harmonized state of wellbeing.

**Mali Moonlight Soothing Massage**  
(60 Minutes/ 90 Minutes)  
**Relaxing Aromatherapy Massage**

**RM 375.47/ RM 469.31**

This treatment combines Traditional Thai Massage, Aromatherapy and Acupressure techniques to ensure absolute relaxation. Surrender the body to the rhythmic waves of a full body massage, employing long kneading strokes and Acupressure techniques, then drift away to the exquisite scent of pure jasmine oil with Aromatherapy massage techniques. Allow the healing hands of the therapist to float above you, re-opening your energy pathways.

**Prana Stress-Relieving Massage**  
(60 Minutes/ 90 Minutes)  
**De-stress Massage**

**RM 375.47/ RM 469.31**

Using a combination of Thai and Balinese Acupressure techniques with organic lemongrass oil, enjoy the sensation of powerful kneading strokes and invigorating hand movements to stimulate blood circulation and to increase muscle flexibility. Tension and muscle spasms melt away, leaving a feeling of complete relaxation and rejuvenation.

**Samruam LukPraKob Herbal Tranquility Massage**  
(90 Minutes)  
**Organic Massage with Thai Herbal Compress**

**RM 469.31**

Open the energy pathways and relieve tired muscles with this skillful combination of tension-relieving techniques. Slip into oblivion while muscle stress melts away under a warm Herbal Body Compress. A full Thai Aroma body massage employing long kneading strokes and Acupressure, particularly on the legs, lower back, neck and shoulders is complemented with Aromatherapy using a unique organic blended oil.

**Leela Royal Thai Traditional Massage**  
(90 Minutes)

**RM 375.47**

**Royal Traditional Thai Massage**

With important emphasis on soothing tension in the body, stretching and loosening techniques are incorporated with passive yogic movements to form this classical massage. With firm pressure application and no oil, assisted stretching and manipulation release energy blockages to allow improvement in circulation, leaving one feeling limber and relaxed.

**Seven Chakras Harmonizing Hot Stone Massage**  
(90 Minutes)

**RM 509.56**

**Renewing and Energizing Body Massage**

Relieve deep-seated tension and muscular stress as volcanic hot stones are placed on one's chakras to rebalance vital energy points and improve the flow of Chi. A combination of hot stone and aromatherapy oil massage induce overall body relaxation using PAÑPURI's certified organic oil. The treatment is concluded with cranial Shiatsu points stimulation on the face to restore vitality.

**Samadul Clarifying Indian Head Massage**  
(60 Minutes)

**RM 335.22**

**Balancing Head Massage**

Relax and heal with PAÑPURI's special blend of warm organic oils. Allow the subtle aroma to induce calm and clarity to the mind. This treatment improves circulation while inducing relief from headaches, migraines and mental fatigue.

**Issara Leg & Foot De-stressing Massage****RM 335.22/ RM 291.50**

(45 Minutes/ 60 Minutes)

**Organic Foot Massage**

Reflexology is based on the belief that the body contains constantly flowing energy or "Chi" which unites with reflex points in the feet. Using PAÑPURI's unique blend of organic oil, a combination of thumb and finger massage techniques delivers an invigorating yet relaxing massage. Complemented by warm compresses to the feet and legs, this combination leaves a feeling of total relaxation and restores the body's natural state of equilibrium.

**Klai Kangwon Head, Neck & Shoulder Massage****RM 291.50**

(45 Minutes)

**Head, Neck, & Shoulder Massage**

The head, neck and shoulders are the body's energy centers in the body that may be strained due to stress, causing tension and stiffness. Using a unique blend of PAÑPURI signature massage oil, this traditional form of Thai massage is administered using pressure point massage techniques to relax and to revitalize the upper body. Enjoy the aromatic scents with the energy pathways reopened and senses reawakened.

## Spa Etiquette

- Please dress however you feel most comfortable. Bathrobes and slippers are provided in your private spa suite.
- Please arrive 15 minutes before your scheduled time to allow you to register, change and begin your spa experience at the appointed time.
- Our Spa Manager and Receptionists will be able to assist you in planning the best spa program to suit your needs.
- Please notify our Spa Manager or Receptionists before booking your treatments if you have high blood pressure, allergies, physical ailments, disabilities or if you are pregnant.
- You may wish to wear your own inner wear or we can provide you with hygienic disposable ones. Alternatively, treatment may be enjoyed without clothes. Choose what is most comfortable for you. Our therapists will always use proper draping techniques to respect your privacy.
- Please inform our therapist should you wish to adjust anything in your treatment room. This is your time and you should enjoy the experience to the fullest so we are happy to modify the room temperature, the massage pressure, or the volume of the ambient music to suit your desires. Please do not hesitate to ask our therapists to make alterations to suit your personal comfort levels.
- It is best to leave personal valuables at home. But if you happen to be wearing them when you get to the spa, a safe deposit box is provided in your locker room.
- Arriving late may limit the time of your treatments. Your treatments will end on time so as not to inconvenience the next guest. However, if no guest follows your booking, you can enjoy the full duration of your treatment time.
- The treatments you select are reserved especially for you. A 50% charge will be collected for treatments not cancelled four hours in advance.
- The spa environment is one of tranquility and relaxation. Please respect the peacefulness and privacy of other spa guests. Kindly defer from smoking and from using your mobile phones within the spa vicinity.

Thank you.

For reservations, please contact PAÑPURI ORGANIC SPA PENANG  
Eastern & Oriental Hotel, Victory Annexe,  
10 Lebuhr Farquhar 10200 Penang Malaysia  
T: +604 222 2000 Ext. 3233 (GL), +604 222 2034 (DL)  
Email: panpuriorganicspa@eohotels.com; www.eohotels.com

Treatments are available from 10:00 a.m. - 9:00 p.m.

PANPURIORGANICSPA.COM

