

Tasty spread from East to West

EAT & DRINK

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By Jeremy Tan



Break your fast with helpings of mouth-watering Kerabu and Acar.

SAVOUR quintessential Malaysian favourites at the Jamuan Berbuka Puasa festive buffet of Eastern and Oriental (E&O) Hotel in Penang.

Served at Sarkies restaurant from 7.30pm to 10.30pm nightly until June 14, the spread also features intercontinental flavours, from Japanese to Italian.

After a long day of fasting, head to the Ulam corner where an assortment of local greens, *kerabu* and more offer a salubrious start to the meal.

E&O Hotel communications and public relations manager Eileen Chong said the perennial Malay favourites come with different types of *sambal* and sauces.

She pointed to classics such as *Briyani Rice*, *Rendang Daging*, *Ayam Masak Madu* and *Gulai Ketam Kampong*, as the must-haves among the hot dishes.

Just as tasty are the *Daging Masak Merah*, *Udang Masak Sambal Petai*, *Sotong Masak Hitam Manis* or *Kurma Kambing*.

“These are prepared by seasoned chefs who tapped on their own soul-soothing family recipes, passed down through generations,” Chong said.



A vast assortment of traditional must-haves like Satay, Rendang Daging, Chicken Shawarma, Nasi Briyani, Ayam Percik and Ikan Panggang, await diners at the Jamuan Berbuka Puasa buffet.

Head outdoors to stalls for helpings of Slow Roasted Whole Lamb, or the chefs specialty *Gulai Kawah* which changes daily.

Diners will also find local staples like *Satay*, *Roti Canai*, *Murtabak*, *Nasi Lemak Ayam*, *Ikan Bakar*, *Apom*, *Cucur Udang* and *Pasembur*.

Complementing all these are sashimi and sushi, pasta with various sauces, as well as meat and seafood morsels hot off the grill.

Have your share of Rotisserie items like the signature E&O Roasted Duck, *Ayam Percik* and Pepper-coated Australian Sirloin too.

Finish off with the enticing array of desserts ranging from Malay *Kuih Muih*, *Bubur Kacang Hijau* and *Ais Batu Campur*, to ice cream, cakes and pastries.

“With its array of kampung-styled dishes, our festive buffet is perfect for hotel guests, especially foreigners, to get a taste of Malaysia’s rich culture and learn about the significance of *buka puasa*,” Chong added.

The buffet is priced at RM166 for adults and RM83 for kids aged six to 12.

Bookings made and paid before May 23 are entitled to an early bird deal – whereby for every five full-paying adults, one gets to dine for free.

The hotel is also offering Jom Raya Buffet Lunches from noon to 2.30pm on June 15 and 16, priced at RM108 for adults and RM54 for kids.

For bookings, call 04-2222000 ext 3601/3602.

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